

Workplace Alaska

Class Specification

Certified Nurse Aide I

Created: 10/06/1997 by Rick Davis	AKPAY Code: P5182	Class Code:	PG0211
Finalized on:	Class Outline Cat: C	Class Range:	10
	Approved by:	Class Status:	Active

Category: Technical
Original Date: 06/01/1990

Class Title: Certified Nurse Aide I
Use MJR Form: Standard

Original Comments:
ORIGINAL(DR/KY)

Subsequent Revision Dates/Comments:

10/31/90 - Added substitution (DR/NC)
7/22/91 - Added CPR desirable (NC)
3/16/93 - Title Change, rewrite for assisted living concept (MW/CB)
11/1/96 - Change in MQs, added note (MW/KL)
11/01/99 - Revise Note, remove time requirement (JE/KAM).
12/01/2002 - Complete revision, retitle, range change. CNA/PHA Study (E. Lewis/K. Murry)
09/25/2008 - Workplace AK spec revision: Added Census Job Code and AKPAY Code fields; Replaced Category field with Class Outline Category; Updated EEO4, SOC, and Class Code fields; Removed DOT field.

Last Update: **EEO4:** e **SOC:** 31-1012 **Census:** 07

Last Update Comments:

Definition:

Certified Nurse Aides I, under immediate supervision, provide basic nursing care or basic physical therapy care to residents of a state-run assisted living facility.

Distinguishing Characteristics:

Certified Nurse Aides perform basic nursing care tasks as delegated by a nurse or basic physical therapy care tasks as delegated by a physical therapist. Basic nursing care includes tasks such as monitoring body functions, taking and recording vital signs, non-invasive collection of physical specimens, recognizing and reporting changes in condition, and performing other routine, repetitive, ongoing care tasks which do not require the professional judgement of a nurse in accordance with established regulations, policies and procedures. Physical therapy care includes tasks such as training, assisting and guiding residents in performance of therapeutic and mobility maintenance exercises and treatments.

Certified Nurse Aide I is the journey level of the series. At this level incumbents perform the full range of nurse aide tasks according to established policy and procedures. Incumbents are aware of the scope of duties their training covers and inform the nurse or therapist when their training has not prepared them to perform a delegated task. Duties are performed with awareness of residents' rights and abilities, environmental safety and hygiene requirements, and in a manner which best meet the individual needs of the resident.

Certified Nurse Aides I are distinguished from Assisted Living Aides by the Certified Nurse Aide I's responsibility for performing basic nursing care tasks as delegated by a nurse or performing basic physical therapy tasks as delegated by a Physical Therapist.

Certified Nurse Aides I are distinguished from Certified Nurse Aides II by the Certified Nurse Aide II's responsibility for leading the work of two or more Certified Nurse Aides I on a designated shift or unit which includes responsibility for providing instruction and guidance, setting task priorities, and assigning and evaluating work.

Examples of Duties:

Nursing Care

Measure and record vital signs including temperature, pulse, blood pressure and respiratory rate. Identify and appropriately report significant changes to the support nurse.

Observe residents and report to the support nurse all significant changes in residents' condition such as skin breakdown, rashes, signs of acute illness or discomfort, signs of inadequate fluid and/or food intake, behavioral changes, loneliness, boredom, or helplessness.

Assist residents with fingernail and toenail care (excluding diabetic nail care).

Weigh residents and chart results; identify significant increases and decreases.

Assist residents with individualized range of motion exercises.

Administer medications and treatments as delegated by licensed staff. Document as appropriate.

Review Assisted Living Plans to maintain current knowledge of personal preferences, and the health and behavior-related assistance

received by residents.

Compare mealtime care plans to contents of meal to ensure presentation of food, environment, fluid consistency and diet are appropriate.

Record fluid intake and output.

Provide comfort to residents when death is imminent; ensure post-mortem hygiene and privacy.

Physical Therapy

Assist residents with exercise using weighted pulleys, ankle and wrist weights and exercise equipment.

Assist residents in the proper performance of range of motion exercises.

Administer and assist residents with hot pack treatments, paraffin bath treatments, infrared lamp treatments, ultra-sound treatments, tilt-table treatments, manual massage and massage with a massage-vibrator, whirlpool treatments, and ultra-violet light treatments.

Record the treatment provided to each resident on a daily flow sheet.

Report all significant changes in a resident's condition to the Physical Therapist.

Training

Attend mandatory in-service training required to comply with assisted living regulations and division policy.

Participate in educational programs to develop increased knowledge and skills in regard to care of residents including those with Alzheimer's Disease and related disorders.

Knowledge, Skills and Abilities:

Some knowledge of basic nursing tasks, safety concepts related to nursing, hygiene and restorative care, the process of aging, and psychosocial needs of the elderly.

Some knowledge of the role and responsibility of a nurse aide.

Some knowledge of the principles of body mechanics in transferring and providing personal care to the elderly.

Skill in verbal and non-verbal communication.

Ability to recognize abnormal signs and symptoms of common diseases and conditions.

Ability to perform basic nursing, hygiene and restorative tasks for individuals with cognitive or mobility impairments.

Ability to transfer, position, and assist in ambulation of individuals with cognitive or mobility impairments.

Minimum Qualifications:

A current Nurse Aide certification issued by the State of Alaska.

Required Job Qualifications:

(The special note is to be used to explain any additional information an applicant might need in order to understand or answer questions about the minimum qualifications.)

Special Note:

A criminal background investigation including fingerprinting is required. Individuals convicted of a barrier crime under Alaska Statute 47.33 and Nurse Aides listed on the State of Alaska's Abuse Registry will not be eligible for employment.

Positions require certification as a Nurse Aide in the State of Alaska. A person eligible for certification may apply for a position but may not be appointed until an Alaska certification is obtained.

Successful candidates will be required to provide proof they are free from active pulmonary tuberculosis at the time of hire. Employees are required to be tested annually.

Minimum Qualification Questions:

Do you have a current Nurse Aide certification issued by the State of Alaska?

OR

Are you eligible for certification as a Nurse Aide in the State of Alaska?